

Lisa Fitzhugh Creative Ground

Our work in the world supports transformation—of individuals and organizations. Our approach to transformation grows from an exploration of the **8 core habits of mind** associated with creativity.

These habits include *present moment awareness, challenging assumptions, imagining possibilities, courage & risk-taking, tolerating ambiguity, reflection, persistence & discipline and entrainment to nature.*

Every container we create—whether it be a workshop, retreat or team building session—is designed to propel learning and mastery of these 8 habits.

Clients return to their lives with:

The skills to gracefully navigate change
A profound sense of personal freedom
Access to healthy procreative power



Lisa Fitzhugh offers the following bodies of work:

- Growing and developing the ***cohesion and creativity of small teams*** in any sector.
- Inspiring and catalyzing small to large audiences as a ***speaker and presenter*** on creativity and transformation.
- Activating women leaders in any sector to lead from their place of healthy procreative power through ***one-on-one facilitation and coaching.***
- ***Facilitating a collective vision*** for large groups in any sector.
- Supporting the transformation of women and men through ***creative practice retreats*** in Hawaii and other retreat locations in and around Seattle, Washington through a collaboration with expert facilitators, Sarah MacLean Bicknell and Lauren Atkinson.

For more information about our background, clients and philosophy, follow us at creativegroundhq.com or contact Lisa Fitzhugh at lisa@creativegroundhq.com